

DEFINITIONS OF PHYSICAL, SEXUAL AND PSYCHOLOGICAL VIOLENCE

Physical Violence:

- Slapped Grabbed
- Punched Pushed
- Kicked Kneed
- Choked Pushed to ground
- Bit Sit on or stood on
- Burned Spit on
- Drowned Hair pulled
- Arm twisted Head/body banged against wall
- Pinned to the ground/up against the wall Thrown out of car, out window, etc.
- Pushed down steps or onto ground Hung by neck, arms/ feet
- Handcuffed Tied up with rope
- Clawed or scratched Forced to eat non-edible/poisonous substances
- Threatened with knife
- Threatened with gun Knife used
- Gun used Hit with object
- Threatened with other object

Sexual Violence:

- Forced/coerced partner to engage in vaginal intercourse
- Inserted objects into partner against her wishes
- Fondled genitals/buttocks/breasts against her wishes
- Exposed self in front of partner against her wishes
- Forced/coerced partner to expose herself
- Masturbated partner against her wishes

- Masturbated self in front of partner against her wishes
- Forced/coerced partner to engage in anal intercourse
- Forced/coerced partner to engage in oral sex
- Forced/coerced partner to masturbate you
- Partner beaten on genitals
- Partner's genitals mutilated

Psychological Violence:

- Threats to hurt or batter
- Threats with weapons
- Threats to kill
- Terrorizing threats
- Stalking
- Isolation of victim (separation from social support systems)
- Induced debility-producing exhaustion (preventing sleep, rest and personal time)
- Monopolization of perceptions, including obsessiveness and possessiveness
- Domination and control of partner
- Mild mental degradation (including swearing and putdowns)
- Forced drug or alcohol administration
- Altered states of consciousness/denying her reality
- Threatening nonphysical punishment for noncompliance with requests, e.g. emotional
- Distancing
- Severe mental degradation (including humiliation, denial of victim's power, and verbal name calling)
- Using intimidation (e.g., making violent gestures, smashing things, destroying their property, abusing pets)

